

## PREPARING FOR THE INTERVIEW- INTERNAL MOBILITY

**Duration:** 1 day as a group of 8 participants  
+1 hour of individual coaching

**Date:** on demand

**Price general public:** EUR 875 /pers. (no VAT)

**Price in-house:** on demand (4-12 pers.)

### OVERVIEW

Would you like to stay within the same institution but move to a new area of activity? Do you wish to move up a level, change location or function yet remain in the same company?

Do you think you could better fulfil your potential in a new position or join a particular unit?

This training will prepare you for an internal mobility interview one-on-one or with a panel. You will understand the internal recruitment process, match your aspirations with the reality of current mobility and match your professional acumen with the new job description.

You will use all your talents to convince that your wished-for vertical or lateral development is a clear advantage for the institution as much as it is for you.

### LEARNING OBJECTIVES

- Showing a thorough understanding of the position aspired for and its role inside the firm
- Highlighting personal achievements
- Explaining motivations
- Demonstrating a match between the position, personal and professional skills and the benefits for the organization
- Using simple and effective interview techniques
- Making appropriate vocabulary choices
- Mastering professional and persuasive nonverbal communication
- Thinking on one's feet and adapting to the rhythm and flow of questions during the interview



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### PROGRAMME

- Understanding the challenges of interviewers
- Crafting an elevator pitch
- Mastering the self-introduction
- Detailed analysis of the job posting
- Analysis the person-job fit
- Assessment models and techniques
- Targeted storytelling
- Transferable and specific competences
- Interview process and phases
- Classic questions
- Expressing motivation
- Dealing with unconventional questions
- Verbal and non-verbal communication during the interview
- Facing a panel of 3-5 interviewers
- Interview simulations
- Individual and group feedback and discussion

### METHODS & EVALUATION

- STAR + E
- The four knowledges
- The four areas of expertise
- Two complete simulations

#### Training assessment:

- Short term impact
- Long term impact

#### Learning assessment :

- Self-evaluation
- Questionnaire after the training

**Recognition** : EUROBOGEN certification

### PRE WORK

Participants prepare:

- Self-presentation and motivation
- Understanding of the role and list of relevant skills

For people with disabilities, the organization is committed to being accessible.

### CONTACT

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